

*"There is something within me that knows more than I know. Trusting it can only result in healing."*

Anne Wilson Schaefer

## Living in Process® offers

- Learning about our own spirituality and recovery from addictive behaviours by honouring our internal process and nurturing ourselves and others
- Participation in a respectful, honest and open environment where work on personal and relationship issues proceeds at our own pace
- A chance to allow past and present feelings to come up in a supportive group environment
- An opportunity to experience healing and to learn new ways of living.

The weekend also offers the opportunity to rest, meditate, pray, have fun, walk, laugh, cry and talk in group. For those who wish, there will be an option to attend 12-step meetings.

Living in Process work is not static. It is evolving and changing. Healing is a process. The work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. The weekend intensives are a door into a new paradigm of living.



# Living In Process\_ Weekend

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We cannot heal the Earth without  
healing the people

Anne Wilson Schaefer

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Friday 24<sup>th</sup> April to Monday 27<sup>th</sup> April, 2020

Hanmer Springs, New Zealand

Hanmer Springs is about 90 minutes from Christchurch. It is a resort town known for its Thermal Pools with mineral waters. The surrounding mountains are home to trails and seasonal ski slopes. Accommodation will be in comfortable local holiday homes (map will be supplied upon registration)

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## Facilitators

The weekend will be facilitated by members of the International Living in Process Community, who are doing their own healing work and have extensive experience in Living in Process®.

## Details

Living in Process work was developed by Anne Wilson Schaef, PhD. Dr Schaef has been teaching and working with training groups throughout the world for many decades. Anne was invited to NZ in 1990 and since then there has been a Living in Process training group here. The facilitators for the workshop are members of the International LIP in Process Network.

For more information about Living in Process® work, we encourage you to read Anne's books, including "Beyond Therapy, Beyond Science", where she writes extensively about the weekend intensives and living in Process® Training. Her most recent books are "Tales of the Klamath River" (2018), "Daily Reminders for Living a New Paradigm" (2017) and "There Will be a Thousand Years of Peace and Prosperity and They will Be Ushered in by the Women" (2016). These books are all available through your local bookstore or Amazon.com.

### When:

5pm Fri 24/4/20 to after lunch Mon 27/4/20

### Venue:

Hanmer Springs, North Canterbury.

### Cost:

**\$525.00**

Includes registration, all meals and accommodation.

### Children:

Children are very welcome and pay a reduced rate. Please contact for details.

### Registration & Payment:

Please complete the attached Registration form and return it with your payment no later than 2 weeks before the weekend.

### What to bring:

Your personal effects including swim suit, slippers, day blanket and torch.

### Cancellations:

Cancellations received within 2 weeks of the weekend will be refunded in full if we are able to fill your place, otherwise we will retain \$100.

### Enquiries:

For further information please contact:  
Tiffany 021 058 0959 or Clare 027 333 7602  
clarehardyartist@hotmail.com

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Name(s) & age of any children accompanying you \_\_\_\_\_  
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### Special Dietary Requirements:

Gluten Free	Sugar Free
Dairy Free	Vegetarian
Other (please specify)	

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### Payment Enclosed For:

Intensive Fee,	
Food & Accommodation	\$525

I wish to reserve my place at this Intensive and I acknowledge that in attending a Living in Process Intensive I am not seeking therapy, psychotherapy, counselling or group therapy from Wilson Schaef Associates or members of the Living in Process community.

**Signed** \_\_\_\_\_

**Date** \_\_\_\_\_

Please scan and email your registration form to  
tiffanythornely94@gmail.com

And *make a bank deposit to*  
**Kiwi Kete 38 9001 0779176 01**