

"There is something within me that knows more than I know. Trusting it can only result in healing."

Anne Wilson Schaef

Living in Process® offers

- Learning about our own spirituality and recovery from addictive behaviours by honouring our internal process and nurturing ourselves and others
- Participation in a respectful, honest and open environment where work on personal and relationship issues proceeds at our own pace
- A chance to allow past and present feelings to come up in a supportive group environment
- An opportunity to experience healing and to learn new ways of living.

The weekend also offers the opportunity to rest, meditate, pray, have fun, walk, laugh, cry and talk in group. For those who wish, there will be an option to attend 12-step meetings.

Living in Process work is not static. It is evolving and changing. Healing is a process. The work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. The weekend intensives are a door into a new paradigm of living.

Living In

Process

Weekend

We cannot heal the Earth without healing the people.

Anne Wilson Schaef

**Thursday 12th to Sunday 15th
November 2026**

**Hororata, near Christchurch,
New Zealand**

Living in Process work was developed by Anne Wilson Schaef, PhD. Dr Schaef had been teaching and working with training groups throughout the world for many decades. Anne was invited to NZ in 1990 and since then there has been a Living in Process training group here. The facilitators for the workshop are members of the International LIP in Process Network.

For more information about Living in Process® work, we encourage you to read Anne's books, including "Beyond Therapy, Beyond Science", where she has written extensively about the weekend intensives and living in Process® Training. Her most recent books are "Tales of the Klamath River" (2018)), "Daily Reminders for Living a New Paradigm" (2017) and "There Will be a Thousand Years of Peace and Prosperity and They will Be Ushered in by the Women" (2016). These books are all available through your local bookstore or Amazon.com.

Facilitators

The weekend will be facilitated by members of the International Living in Process Community, who are doing their own healing work and have extensive experience in Living in Process®.

Details

When:

5pm Thu 12/11/26 to after lunch Sun 15/11/26

Venue:

The weekend will be held at Te Waiora House Hororata, Canterbury, a peaceful retreat, at the foothills of the southern alps with single and twin bedrooms. Further details will be provided.

Cost:

\$595

Includes registration, all meals and accommodation.

Children:

Children are very welcome and pay a reduced rate. Please contact us for details.

Registration & Payment:

Please complete the attached Registration form and return it with your payment no later than 2 weeks before the weekend.

What to bring:

Personal effects including slippers and day blanket. Bedding and towels are provided.

Cancellations:

Cancellations received within 2 weeks of the weekend will be refunded in full if we are able to fill your place, otherwise we will retain \$100.

Enquiries:

For further information please contact:
Tiffany 021 058 0959 or
Ann-Marie via nzannemarie@gmail.com

Registration Form

Name _____

Address _____

Phone _____

Email _____

Name(s) & age of any children accompanying you _____

Special Dietary Requirements:

- ☐ Gluten Free ☐ Sugar Free ☐ Dairy Free
☐ Vegetarian ☐ Other (please specify)

Payment deposited for:

Intensive Fee,	
Food & Accommodation	\$595

I wish to reserve my place at this Intensive and I acknowledge that in attending a Living in Process Intensive I am not seeking therapy, psychotherapy, counselling or group therapy from Wilson Schaef Associates or members of the Living in Process community.

Signed _____ Date _____

Please scan/photograph and email your registration form to tiffanythornely94@gmail.com

And make a bank deposit to

Kiwi Kete
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